

## **BOTOX® Cosmetic – Post Treatment Instructions**

### **DO**

Remain upright four hours after injection

Exaggerate facial expressions in injected area throughout the day

Call **913-387-5476** immediately if you experience any problems or have any questions

Schedule your follow-up appointment for two weeks

### **DO NOT**

**Do Not** take Ibuprofen, aspirin, vitamin E, Fish Oil, Green Tea, or other blood thinning products after the injection for at least 24 hours

**Do Not** massage or manipulate the injection site for 48 hours after the injection

**Do Not** expect immediate results. Optimal results can take anywhere from two days to two weeks

**Do Not** lie down or bend over/forward for at least four hours after injection